

“MAKE IT SO!” Tracking Sheet

1. In the **CREATION BOX** below write the goal or final outcome you desire.
2. Write down the reason WHY you want it. How will it make you FEEL? This is your INTENTION behind the goal or final outcome.
3. After you have completed Step 1 and Step 2, take a moment to connect with your ESP. Just relax, take a nice deep breath and as you exhale say these words *“I am ready to instruct my ESP - the creative part of me.”*
4. Read what is in the **CREATION BOX** out loud and get into the *feeling of excitement* about the process that is beginning RIGHT NOW! Then command your ESP to **“MAKE IT SO!”**

MY CREATION BOX

Date Started _____ Date of Completion _____

I AM READY _____

*As always, in an easy and relaxed manner, with perfect timing, in a healthy and positive way, for the highest good of all involved, I accept this or something better. I am truly grateful and excited about the outcome and I am ready for this process to begin RIGHT NOW. **MAKE IT SO!***

Checklist

1. What LEVEL ONE INDICATORS have I started to notice? (synchronicities and coincidences)

2. What LEVEL TWO INDICATORS am I noticing? (ideas, information, opportunities, resources)

3. What ACTION steps do I feel inspired to take after I receive LEVEL TWO INDICATORS?

Am I using my VIRTUAL REALITY EXPERIENCE every day? Y / N