



Detailed Instructions for Success

Now that you have listened to the audio training, you are ready to “**MAKE IT SO!**”

It is important to complete Step 1 and Step 2 exactly as instructed. To make sure you understand how to do it, I will go into a little more detail and give you some examples to get you started.

STEP 1 - DECIDE WHAT YOU WANT

Before you can begin to use the **MAKE IT SO!** Subconscious Creative System, you must **DECIDE** what you want.

It is important to always state what you want, not what you don't want.

Stating what you don't want looks like this: “I don't want to be broke, I don't want to be ill, I don't want to be with this person, I don't want to work for someone else, I don't want to live in this place for the rest of my life, I don't want to be alone, etc.” These are all statements about what you don't want.

Let's turn these around. Here are some examples:

ROMANTIC RELATIONSHIP

EXAMPLE: *I am ready for a romantic relationship with someone who shares my interests in _____, who is physically and spiritually compatible, passionate and excited about life.*

The example above is specific about the *qualities* you want in your partner. You will increase your chances of success if you have a *common bond* such as hobbies or interests. For example, if you like animals then you would put “shares my interest in animals” or “shares my interest in the outdoors,

dancing, travel” or whatever you are passionate about. A *common bond* can go a long way in maintaining a happy relationship.

BUSINESS RELATIONSHIP OR PARTNERSHIP

EXAMPLE: ***I am ready** for a business relationship or partnership with someone who.....*

Once again, you want to be specific about the *qualities* you are looking for.

INCREASING YOUR INCOME

Before we discuss increasing your income, let’s talk about making a decision to win the Lottery. Let me state this *emphatically*, DO NOT instruct your ESP to win the Lottery.

There are three reasons for this:

First, if the odds are 50 million to 1, your ESP cannot change the probability, no matter how much you want it to.

Second, when you instruct your ESP to win the Lottery, you are essentially telling your ESP “HOW” to bring the additional income. As you have already learned, instructing your ESP on “HOW” to achieve your outcome is NOT part of the creative process, and in most cases it will produce a negative outcome.

Third, your success in using the “**MAKE IT SO!**” Subconscious Creative System requires that you have *no doubt* about the outcome. This is nearly impossible if your goal is to win the Lottery.

A much better approach is to instruct your ESP to increase your income incrementally.

EXAMPLE: ***I am ready** to increase my income by 25%.*

This is a good way to start because the incremental increase will not cause any subconscious resistance. When I use the word “resistance”, I am *not* referring to your ESP’s ability to achieve your final outcome. I am referring to YOUR BELIEF about your ability to achieve the outcome.

I recommend that you start with a 10% - 25% increase in your income goal. Once you achieve this goal you can then continue to increase your income incrementally. This is a good way to get started. It’s reasonable and achievable with very little doubt or resistance on your part.

STARTING A SPECIFIC TYPE OF BUSINESS

This is used when you know what type of business you want to start.

EXAMPLE: ***I am ready** to start a new online business.*

EXAMPLE: ***I am ready** to open and operate a new coaching practice.*

EXAMPLE: ***I am ready** to open a unique boutique, coffee shop, etc.*

FINDING NEW CUSTOMERS AND CLIENTS

EXAMPLE: ***I am ready** to learn new ways to attract more customers and clients for my business.*

CHANGE CAREER BUT YOU ARE NOT CERTAIN ABOUT WHAT YOU WANT TO DO

EXAMPLE: ***I am ready** to change my career. I am not sure what I want to do but I am now open to new possibilities.*

START OR CHANGE CAREER BUT YOU KNOW WHAT YOU WANT TO DO

EXAMPLE: ***I am ready** to start a career in (Specific Career).*

EXERCISE AND GET IN GOOD PHYSICAL SHAPE

EXAMPLE: ***I am ready** to get in good physical shape and find a physical activity that is fun, enjoyable and motivating.*

GET RID OF EXCESS WEIGHT

EXAMPLE: ***I am ready** to get rid of the excess weight.*

My **Zero Resistance Weight Release** program combined with **“MAKE IT SO!”** can be extremely powerful in achieving your weight loss goal.

<http://www.ZeroResistanceWeightRelease.com>

HEALTH ISSUES

You can ask your ESP to search and find ways to assist you if you are having health issues. This is not designed to replace any medical or psychological care you are currently receiving. It is designed to lead you to people, opportunities and information that will assist you in overcoming your current health issues.

EXAMPLE: *I am ready to find people, opportunities or information that can help me with (state health issue).*

Let your ESP do the work. You will be amazed at where it will lead you. Always follow the advice of your doctor or health care professional before making any changes.

BUILD SELF-CONFIDENCE

EXAMPLE: *I am ready to create unstoppable self-confidence.*

My *Self-Confidence Creator* along with “MAKE IT SO!” can be highly beneficial in achieving this outcome.

<http://www.SelfConfidenceCreator.com>

ANYTHING ELSE YOU WANT TO ACCOMPLISH BUT ARE NOT SURE HOW TO DO IT

If there is an outcome you want to achieve, but you are not sure how to achieve it, let your ESP find a way.

EXAMPLE: *I am ready to find a way to.....*

You do not have to use these exact words and phrases. They are provided to stimulate your thinking and get you started.

DECIDE what you want.

STEP 2 - DECIDE WHY YOU WANT IT

WHY do you want to achieve your goal? The “why” is the *intention* behind your goal, not the goal itself.

If you achieve your goal or final outcome, how is going to make you **FEEL**?

Everything you have ever wanted in your life creates a *feeling*. You didn’t want the *person, thing or experience*, you wanted the *feeling* that you thought the *person, thing or experience* would bring you.

It is important to realize that every goal you set for yourself is there to satisfy an *emotional* need or desire. It’s about how it is going to make you *feel* after you accomplish it.

In other words, if you were able to create more income, start a new business or find a new partner for a relationship, how will it make you *feel*? How will it add to your life? How will your life be *different* after you achieve your goal or outcome?

WHY you want to achieve your goal is important because it takes your focus off **HOW** you are going to achieve it. When your **WHY** is strong enough, the **HOW** will always take care of itself.

Decide WHY you want to achieve your goal in one or two sentences.

STEP 3 – COMMAND YOUR ESP TO “MAKE IT SO!”

After you have completed Step 1 and Step 2, write the information down in the **CREATION BOX** on your “**MAKE IT SO!**” Tracking Sheet.

The rest of the Tracking Sheet is already filled in for you. From this point on all you have to do is follow the instructions in the audio program.

The “**MAKE IT SO!**” Tracking Sheet will also help you focus on **Level One** and **Level Two Indicators**.

Just follow the simple steps in the audio and your goal or final outcome or something better, **WILL** show up in your life.

“**MAKE IT SO!**” is not a *hit or miss* strategy. The reason it **ALWAYS** works is because you are using your Conscious, Subconscious and Superconscious mind **correctly**. This is how your mind has created everything in your life, the good, the bad and the ugly. You can eliminate both the bad and the ugly by making **conscious decisions** and focusing on the outcome you desire.

STEP 4 - YOUR VIRTUAL REALITY EXPERIENCE

Spend **just 10 minutes** in the morning using the Virtual Reality Experience explained in the audio program. Imagine the completion of your goal or final outcome. Do your best to *picture and feel*, as clearly as you can, what your life is going to be like when you achieve your goal. In other words, the completion is already **real** in your mind.

Then go about your normal activities and watch your *reality* begin to shift little by little as it comes into *alignment* with your goal or desired outcome.

Another way to describe the Virtual Reality Experience is “Living in the Wish Fulfilled”.

When you use the Virtual Reality Experience you are ***living inside the state*** of already having accomplished your goal or final outcome. You are completely ***immersing*** yourself in your ***desired state***. When I say desired state, I mean how it will make you ***feel***.

The reason the Virtual Reality Experience is so powerful is because within the Subconscious there is no *past or future*. Everything is happening ***now***. So if you imagine something is ***real*** and you are ***living in that state***, your Subconscious thinks it’s happening ***now***.

Your Subconscious is constantly working to make your reality match whatever you ***consistently*** think about and picture in your mind. Your reality ALWAYS matches what you think about and focus on.

So as you *picture and feel* the outcome with as much positive emotion as possible, and you are ***living in that state of reality***, your Subconscious is ***compelled*** to deliver a perfect vibrational match. It really has no choice.

Remember the Subconscious only ***receives*** commands. It doesn’t ***screen*** thoughts or commands before ***acting*** on them.

If you don’t visualize or picture things easily then just get into the *feeling*. The *feeling or emotion* is always the driving force.

Because your ESP is ***emotionally*** driven, the Virtual Reality Experience will assist in bringing forth your goal or final outcome with much more intensity and conviction.

As you continue to use your Virtual Reality Experience, begin to look for **Level One** and **Level Two Indicators** as explained in the audio program.

Eventually you will be required to take some form of **direct action**. Never try to force the outcome by taking action. Any actions you take should always be **smooth, flowing, and easy**. No struggle is ever required.

THE KEY COMPONENT TO SUCCESS

You can expect to achieve success with the “**MAKE IT SO!**” Subconscious Creative System, **EVERY TIME YOU USE IT!** But, there is one “catch”. There is always a “catch”, isn’t there?

The “catch” is **your THOUGHTS and WORDS must be CONGRUENT with your desired outcome.**

As far as I am concerned, this is the most important component. You must create a ***vibrational match*** to your goal. If you expect to achieve your desired outcome, you must clear out all negative thoughts and words that create a ***counter-intention*** such as - “hopefully” “maybe” “try” “can’t” or statements such as - “I wonder if this will work.” “Maybe this won’t work.” “Maybe they are right, and this is a mistake.” “I don’t know how I can possibly manifest this considering my current situation” etc.

Until you manifest your outcome, you cannot allow yourself the luxury of *intention-blocking* thoughts and words. Therefore, you must *cancel, eliminate and erase* any conflicting thoughts IMMEDIATELY otherwise you will unset your goal or desired outcome and attract the *opposite* of what you want.

If your thoughts and words are congruent, your ESP will ALWAYS deliver a ***vibrational match*** with 100% accuracy.

On the other hand, if you have any problems achieving your desired outcome it simply means that your thoughts and words are not congruent with what you want. If you change them and get back on track, you will have excellent results.

NOW IT’S YOUR TURN!

Please listen to the audio program at least two or three times to get a feel for *why and how* “**MAKE IT SO!**” works.

I have chosen to offer the “**MAKE IT SO!**” Subconscious Creative System at a very reasonable price so that anyone can afford it. For this reason I cannot include ongoing email or phone support. However, I have done everything I can to be as *detailed* as possible. You have everything you need **RIGHT NOW** to get started and achieve a successful outcome.

The **“MAKE IT SO!”** Subconscious Creative System is also highly flexible. I suggest you follow the basic steps but you can add your own personal touches. In fact, I encourage you to do this.

As you are working with the process continue to make your dominant and consistent thought **“I CAN DO THIS!”**

And most of all, **have FUN with it!** If you are having **FUN** you will become a vortex for creating and attracting absolutely anything you put your mind to.

Your Partner in Success and Happiness,

A handwritten signature in black ink, appearing to read "Robert Anthony". The signature is written in a cursive style with a long horizontal stroke at the end.

Dr. Robert Anthony